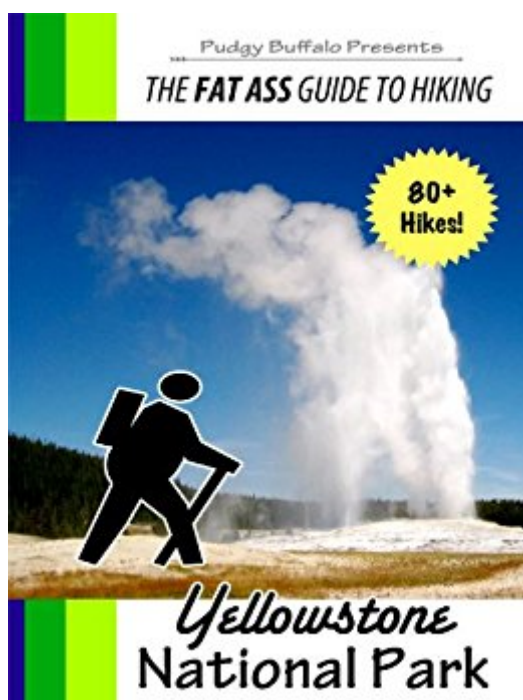


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# The Fat Ass Guide To Hiking: Yellowstone National Park (Fat Ass Guides Book 1)



## Synopsis

80+ Hikes, 1 Book! Chubsters can finally shake the dreaded “few steps behind” feeling when venturing outdoors with *The Fat Ass Guide to Hiking: Yellowstone National Park*. This essential guidebook realistically grades hikes for the average person, exploring the incredible trails of America’s best-loved national park in easy-to-understand Fat Ass Friendly and Forget It, Fat Ass formats. Written for active chubsters, families with kids, and anyone with less than Olympian capabilities, this one-of-a-kind wild guide offers a stress-free glimpse into the amazing trails of a wondrous land full of breathtaking scenery, unique geology, and fascinating history. With stories of hiking trips gone awry and practical witticisms, *The Fat Ass Guide to Hiking: Yellowstone National Park* whips up a perfect blend of entertainment and must-have knowledge for casual travelers and spirited adventurers alike! This especially thorough guide includes hiking strategies, wildlife safety tips, trail coordinates, trail maps, photographs, eating options, camping information, fishing adventures, attraction highlights, and accessible trails. Hiking areas covered include Mammoth Hot Springs and North Entrance Area; Tower-Roosevelt, Lamar Valley, and Northeast Entrance Area; Norris Area; Madison and West Entrance Area; Canyon Village and Grand Canyon of the Yellowstone River Area; Old Faithful Area; Fishing Bridge, Bridge Bay, Lake Village, West Thumb and East Entrance Area; and Grant Village and South Entrance Area. Attractions include Lower Terraces, Tower Fall, Steamboat Geyser, Grand Prismatic Spring, Old Faithful, Artists Paintpots, West Thumb Geyser Basin, Mud Volcano, Sulphur Caldron, Fishing Cone, Natural Bridge, Upper Geyser Basin, Midway Geyser Basin, Lower Geyser Basin, Black Sand Basin, Biscuit Basin, Norris Geyser Basin, Lone Star Geyser, Boiling River, Upper Falls, Lower Falls, the Yellowstone River, Shoshone Lake, Lewis Lake, Heart Lake, the Northern Range, Petrified Tree, Slough Creek, Artist Point and many more!

## Book Information

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## Customer Reviews

I loved this book. It's fun to read because of the author's self deprecating humor, it's informative on which walks are taxing and which are easy, and it's really clear on where most to expect bears and how to prepare for a possible meeting. You might think that seeing bears is pretty much the whole point of going to Yellowstone and indeed, for many of the intrepid inhabitants of the USA it very well might be business as usual, but I have to admit that to me, the entire idea of surprising a bear while taking my morning constitutional is daunting, to say the least. So what I'll do is I'll take this book and consult it religiously and if all else fails, well, it'll also be good to whack wildlife on the nose with it.

Even if you have no immediate plans to hike Yellowstone, this guide is useful on several counts. First, it has lots of good information on the dos and don'ts of hiking with a particular focus on the unrealistic ratings of some hikes (like "easy" when it's a real calf-buster). More importantly, though, the book is a staycation staple: it provides the reader with the endorphin rush from the quirky and slapstick humor without having to leave home base.

One of the most useful books I have ever purchased. Got me where I could go and saw amazing stuff.

Excellent resource. Funny and informative!

does the trick. speedy delivery

I loved this book, it was very helpful for this fat \*ss to pick which hikes to take! Any trail guide will rate the difficulty of a trail, but this book is a must if you are unsure if you will be able to handle it! Have you ever been one of those people on a trail that others are passing by and you feel like just lying there waiting for a bear to put you out of your misery? Get this book and pick the easier ones. This lowlander was able to work up to some more strenuous trails after some adjusting to the higher elevation, but it was nice to know which trails to steer clear of, but I fun reading about them!

I love the descriptions of the trails! Funny and very informative. Well laid out and accurate. Easy to follow as it divided into sections of the park making it easy to choose by area, length of hike and difficulty level. Much more accurate difficulty levels for those that don't hike every weekend. Even gives you trail notes important for people not familiar with our area concerning wildlife, geothermal feature dangers, and elevation changes at high altitudes.

I purchased this book for hiking in Yellowstone after having knee surgery. Thought it would be helpful re: which hikes to avoid and which ones would be "safe" given my limitations! I thought that the book gave accurate descriptions of the difficulty level of the hikes and referred to the book quite a bit. However, my favorite book remains Bill Schneider's Hiking Yellowstone Park (larger book vs. Best Easy Day Hikes). Not only are the pictures marvelous and give you a great idea of what you are going to see on the hike, but he also gives you a pretty good idea of the difficulty of the hike as well. If I had to pick one or the other, I would pick Bill Schneider's book.

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